# PUBLIC HEALTH GUIDANCE FOR REPORTING COVID-19 POSITIVE CASES AND EXPOSURES

The following guidance is provided to prevent the spread of COVID-19 in non-healthcare or non-residential congregate setting workplaces.

In accordance with California Assembly Bill 685 (AB 685), Imperial County employers are required to notify the Imperial County Public Health Department of all COVID-19 related outbreaks within their workplace. An outbreak is defined as three or more confirmed COVID-19 cases within a 14- day period that are from different households and are not identified as close contacts of each other in any other COVID-19 case investigation.

Under AB 685, a "qualifying individual" means any person who has any of the following:

- A laboratory-confirmed case of COVID-19, as defined by the California Department of Public Health.
- A positive COVID-19 diagnosis from a licensed health care provider.
- A COVID-19-related order to isolate provided by a public health official.
- Died due to COVID-19, in the determination of a county public health department or per inclusion in the COVID-19 statistics of a county.

AB 685 also requires that employers notify employees of potential COVID-19 exposures and develop a plan for identifying cases, notifying staff, and mitigating further COVID-19 spread in the workplace. Employers are required to make the plan available to their employees.

For the purpose of this guidance, employees include full time, part time, temporary, or contract workers within the workplace. The host employer is responsible for notifying temporary, contract, or other agencies that have workers in the workplace of the outbreak. This guidance is not intended for use in managing or preventing outbreaks in health-care, congregate living settings, or other workplaces where the California Aerosol Transmissible Diseases (ATD) standard applies.

### **DEFINITIONS**

**Potential Exposure (close contact)**: Exposure is defined as being less than 6 feet from an infectious case for a cumulative total of 15 minutes or longer over a 24-hour period. Cases are considered infectious for 48 hours before symptoms start, or if they have no symptoms, for 48 hours before the date of the positive test.

**Positive case:** An individual who has received laboratory confirmation (PCR or antigen testing) of SARS-Cov-2; is diagnosed with COVID-19 by a licensed health-care provider; or dies due to COVID-19.

**Outbreak:** Three or more cases of COVID-19 among workers who live in different households within a 14-day period.

### REPORTING COVID-19 POSITIVE CASES AND EXPOSURES

- Employers must report COVID-19 outbreaks to the local health department. This is defined as 3 or more COVID-19 cases among workers at the same worksite within a 14-day period. Once this threshold is met, you have 48 hours to report to the local health department in the jurisdiction where the worksite is located.
- Employers also must continue to notify the local health department of additional COVID-19 cases identified among workers at the worksite.
- Report all positive cases of COVID-19 and anyone who may have been exposed to the case to the Imperial County Public Health Department through the Workplace Reporting Portal. You can access the portal at: <a href="http://www.icphd.org/health-information-and-resources/healthy-facts/covid-19/guidance-and-resources/businesses-&-employers/">http://www.icphd.org/health-information-and-resources/healthy-facts/covid-19/guidance-and-resources/businesses-&-employers/</a>
- Provide information about all positive cases of COVID-19, including names and occupations, as well as information about the worksite – name of company/institution, business address, and North American Industry Classification System (NAICS) industry code.
- For cases with more than 6 exposures, complete the Appendix B Exposure Line List. Send the
  list to the Imperial County Public Health Department either by email to
  phepireport@co.imperial.ca.us or by faxing to (442) 265-1477.
- Employers must report any serious injury, illness, and death occurring in any place of
  employment or in connection with any employment to the local Cal/OSHA district office
  immediately, but not longer than 8 hours after the employer knows. For COVID-19, this
  includes inpatient hospitalizations and deaths among workers, even if work-relatedness is
  uncertain. Details can be found here.
- Employers must take steps to protect the confidentiality of employees diagnosed with COVID-19.
- If unable to electronically report through the Public Health Department's online Workplace Reporting Portal, please send the above-noted information to the Imperial County Public Health Department either by email to <a href="mailto:phepireport@co.imperial.ca.us">phepireport@co.imperial.ca.us</a> or by fax to (442) 265-1477. (See Appendix A Workplace Reporting of COVID-19 Outbreak Information Collection Form and Appendix B Exposure Line List).

### **EMPLOYEE NOTIFICATION**

It is recommended that employers designate a workplace infection prevention liaison to implement COVID-19 infection prevention procedures and respond to COVID-19 concerns. Workers should be made aware of who the infection prevention liaison is for their workplace and how to contact them. The liaison should be trained to coordinate the documentation and tracking of possible exposures, in order to notify the Imperial County Public Health Department in a prompt and responsible manner.

### **EXPOSED EMPLOYEES**

You must provide a written notice to your employees and the employer of subcontracted workers within 1 business day of receiving notification of potential exposure. The written notice can be hand-delivered or given by email or text message and should be in both English and any other language understood by the majority of employees. You must also provide this written notice to the exclusive labor representative, if any, within 1 business day.

All employees and employers of any subcontracted employees who were at the same worksite as the worker diagnosed with COVID-19 during their infectious period must be notified. For an individual **who develops symptoms**, the <u>infectious period</u> begins 2 days before they first develop symptoms. The infectious period ends when the following criteria are met: 10 days have passed since symptoms first appeared, AND at least 24 hours have passed with no fever (without use of fever-reducing medications), AND other symptoms have improved. For an individual **who tests positive but never develops symptoms**, the infectious period for COVID-19 begins 2 days before and ends 10 days after the specimen for their first positive test for COVID-19 was collected.

### **EMPLOYEES WITH SYMPTOMS**

Employees who have tested positive or are exhibiting COVID-19 type symptoms while at work, must be sent home immediately. They should consult with their health care provider to determine if they need to be tested. If the healthcare provider determines they are likely to have COVID-19 or they have a positive test result, then they must isolate and not return to work until these three criteria are met:

- 10 days since the symptoms first appeared, AND
- 24 hours with no fever (above 100.4F) without the use of fever-reducing medications, AND
- COVID-19 symptoms (cough, shortness of breath, chills, etc.) have improved.

More information about isolation and quarantine is available in the <u>Imperial County Health Officer</u> <u>Orders</u> on the Public Health Department website at <u>www.icphd.org</u>

### **RETURN TO WORK**

Employees should be allowed to return to work once the above-noted criteria have been met. Per the Imperial County Health Officer order for isolation, once the criteria for discontinuing isolation are met, a COVID-positive person may discontinue isolation. No medical evaluation or written verification from the Health Officer or any medical provider is required to return to work.

## PLAN FOR IDENTIFYING CASES AND COMMUNICATING WITH WORKERS

The CDPH guidelines, <u>Responding to COVID-19 in the Workplace</u>, contain detailed recommendations for establishing a plan to identify cases, communicating with workers and other exposed persons, and conducting and assisting with contact tracing.

### **CLEANING & DISINFECTING**

Refer to the <u>CDC recommendations</u> and <u>industry-specific guidelines</u> on cleaning and disinfecting the workplace. For questions related to cleaning & disinfecting, call the Imperial County Public Health Department's Division of Environmental Health at (442)-265-1888.

### **TRAINING**

Training on outbreak reporting, contact tracing, and employee notification is available to local employers by the Imperial County Public Health Department. Scheduled trainings will be announced on the Imperial County Public Health Department website at <a href="https://www.icphd.org">www.icphd.org</a>

For more information, contact the Imperial County Public Health Department's Epidemiology Unit at (442) 265-1464. Additional resources for contact tracing are available at <a href="CDC Contact Tracing">CDC Contact Tracing</a>
Training.

### **RESOURCES**

California Department of Public Health

• Guidance for multiple industries

## Cal/OSHA

- General industry guidance
- Guidance for specific industries

U.S Centers for Disease Control and Prevention (CDC)

- Workplaces
- <u>Industry-specific worker safety guidelines</u>

### **ATTACHMENTS**

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# APPENDIX A Workplace Reporting of COVID-19 Outbreak Information Collection Form

This form is to collect information for three or more employees that have a positive COVID-19 test result within 14 calendar days, as well as additional cases that occur after the outbreak is reported. The information on this form will need to be reported in the electronic Workplace Reporting portal at: <a href="http://www.icphd.org/health-information-and-resources/healthy-facts/covid-19/guidance-and-resources/businesses-&-employers/">http://www.icphd.org/health-information-and-resources/healthy-facts/covid-19/guidance-and-resources/businesses-&-employers/</a>

For more information, visit the Public Health Department website at <a href="www.icphd.org">www.icphd.org</a> or call (442) 265-1378.

☐ CHECK THIS BOX IF THESE ARE CASE(S) ASSOCIATED WITH A PREVIOUSLY REPORTED OUTBREAK IN THE PAST 14 DAYS.

EACH ITY INFORMATION

TACILITY INI ONIVIATION				
Facility Name:	Industry type:			
Facility Address:				
Point of Contact:				
Point of Contact Phone #:				
Point of Contact Email:				
CONFIRMED COVID-19 CASE INFORMATION				
CASE #1				
□ Employee □ Other				
Name:	DOB:			
Address:	Gender:			
Last Day of Work:	Phone:			
Job Description:				
Work Area/Location Within Facility:	NAICS Code:			
Work Schedule/Shift:				
Symptoms at the time:   No  Yes:				
First Day of Symptoms:	est Result Date:			
Testing Facility or Provider Information (Name and Phone Number):				

CASE #2				
☐ Employee ☐ Other				
Name:	DOB:			
Address:	Gender:			
Last Day of Work:	Phone:			
Job Description:				
Work Area/Location Within Facility:	NAICS Code:			
Work Schedule/Shift:				
Symptoms at the time:   No  Yes:				
First Day of Symptoms:	Test Result Date:			
Testing Facility or Provider Information (Name and Phone I	Number):			
CASE #3				
□ Employee □ Other	<del></del>			
Name:	DOB:			
Address:	Gender:			
Last Day of Work:	Phone:			
Job Description:				
Work Area/Location Within Facility: NAICS Code:				
Work Schedule/Shift:				
Symptoms at the time:   No  Yes:				
First Day of Symptoms:	Test Result Date:			
Testing Facility or Provider Information (Name and Phone Number):				

Additional CONFIRMED COVID-19 CASE INFORMATION  Are there other confirmed cases in the past 14 calendar days? □ No □ Yes  If yes, how many Please complete Exposure Line List (Appendix B).
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If yes, how many Please complete Exposure Line List (Appendix B).

COVID-19 EXPOSURE
Did reported COVID-19 Cases expose others in the facility:   Yes   No, end form.
Will you be reporting more than 6 individual exposures?  □ Yes (Please send Appendix B – Exposure Line List to by email to <a href="mailto:phepireport@co.imperial.ca.us">phepireport@co.imperial.ca.us</a> or fax to
442-265-1477.)
□ No, complete form electronically through the portal for up to nine individuals who may have been exposed to the case.

LIST OF EXPOSED			
Name of Person Expose	ed DOB	Occupation / Shift / Days Worked	Exposed to Case #
1			
2			
3			
4			
5			
6			

Workplace Location:

Number of Confirmed COVID-19 Cases:

Number of Close Contacts Potentially Exposed:

# APPENDIX B **Exposure Line List**

Complete the following form to report more than 6 COVID-19 exposures in non-healthcare or non-residential congregate settings. Use additional sheets, if necessary.

Please email or fax to:

Email: <a href="mailto:phepireport@co.imperial.ca.us">phepireport@co.imperial.ca.us</a> Fax: (442) 265-1477

GENERAL INFORMATION

Total # of People at Workplace on Exposure Date:							
Exposure Date(s):							
	Line List of Exposed						
Last Name, First Name	DOB	Occupation / Shift / Days Worked	Exposed to Case #				
			edse ii				
For Public Health Use Only							
Reviewed By:		Date reviewed: / /					

# APPENDIX C Employee Notification Letter Template

Template: Letter from Employer to Employees Potentially Exposed to COVID-19

This letter template is to be used on the business's letterhead.

Dear [Employee Name],

[Business Name] has been notified that one of our employees has been diagnosed with COVID-19. We conducted an investigation to determine co-workers who may have had close contact with the confirmed-positive employee. As such, you have been identified as an employee who may have been exposed to this virus between [Exposure Dates]. According to the Centers for Disease Control and Prevention (CDC), the virus is spread mainly between people who are in close contact with one another (less than 6 feet apart for 15 minutes or longer) through respiratory droplets produced when an infected person coughs or sneezes. Please see instructions below regarding work exclusion, sick leave and testing.

## **Work Exclusion**

Until further notice, you are excluded from physically coming to work to help prevent potential spread of the virus. The company's Human Resources representative will provide details of your isolation period and return to work. Telework opportunities will be offered where possible, and we will work with you to make this transition smooth. Contact [contact information] to determine if teleworking is an option for you.

Note: If teleworking is not an option for your business, please outline any other options that may be available to the employee here.

# Sick Leave & Pay

Please note if you are unable to telework, or if you become ill, you will be able to use your sick leave [insert link or attachment to relevant worksite policies as applicable].

You may be eligible for state and federal benefits such as paid leave as outlined by the U.S. Department of Labor, Families First Coronavirus Response Act (FFCRA or Act) which requires certain employers to provide their employees with paid sick leave or expanded family and medical leave for specified reasons related to COVID-19.. For information on the amount of time off required and the

rate of pay, contact 619-557-5110 or visit: <a href="https://www.dol.gov/agencies/whd/pandemic">https://www.dol.gov/agencies/whd/pandemic</a>. Employees not covered under the FFCRA, may be subject to the State of California Labor Codes. Hiring entities were required to provide COVID-19 Supplemental Paid Sick Leave for food service workers. For more information, <a href="https://www.dir.ca.gov/dlse/COVID19resources/FAQs.html">www.dir.ca.gov/dlse/COVID19resources/FAQs.html</a>.

During this time if you experience symptoms of respiratory illness (fever, coughing or shortness of breath), please inform human resources at [contact information] and contact your health-care provider. [Business Name] will keep all medical information confidential and will only disclose it on a need-to-know basis, as required by the Americans with Disabilities Act (ADA). Under the ADA, we are required to maintain the confidentiality of any medical information we receive, including the name of any affected employee.

# Returning to Work

You may return to work upon receiving clearance in combination with following our worksite health and safety policies [insert link or attachment to relevant worksite policies as applicable].

# **Testing**

Please contact your health-care provider to inquire about testing. If you do not have a health care provider or need to be connected to a testing site please visit the Imperial County Public Health Department website at <a href="www.icphd.org">www.icphd.org</a> or go to <a href="Testing Sites">Testing Sites</a>. If at any point you develop symptoms consistent with COVID-19 (fever, cough, shortness of breath, chills, night sweats, sore throat, nausea, vomiting, diarrhea, tiredness, muscle or body aches, headaches, confusion, or loss of sense of taste/smell), contact your doctor immediately.

If you have any questions or concerns, you may contact [Employer contact information]. For more information on COVID-19, visit the Imperial County Public Health Department website at <a href="https://www.icphd.org">www.icphd.org</a>

Sincerely,

[Employer Name] [Title]

# APPENDIX D Employee Notification Letter Template (Spanish)

Plantilla: Carta de Notificación para Empleados Potencialmente Expuestos a COVID-19

Esta plantilla deberá usarse con hoja membretada de la Instalación

Estimado [nombre del empleado]:

Se ha notificado a [Nombre de la empresa] que uno de nuestros empleados ha sido diagnosticado con COVID-19. Realizamos una investigación para detectar los compañeros de trabajo que pueden haber tenido contacto cercano con el empleado positivo confirmado. Como tal, se le ha identificado como un empleado que puede haber estado expuesto a este virus entre [Fechas de exposición]. Según los Centros para el Control y la Prevención de Enfermedades (CDC por sus siglas en inglés), el virus se transmite principalmente entre personas que están en contacto cercano entre sí (a menos de 6 pies de distancia durante 15 minutos o más) a través de gotitas respiratorias que se producen cuando una persona infectada tose o estornudos Consulte las instrucciones a continuación sobre la exclusión laboral, la licencia por enfermedad y las pruebas.

## Exclusión laboral

Usted, está excluido de venir físicamente al trabajo para ayudar a prevenir la posible propagación del virus hasta nuevo aviso. El representante de Recursos Humanos de la empresa proporcionará detalles de su período de aislamiento y regreso al trabajo. Se ofrecerán oportunidades de trabajo en casa siempre que sea posible, y trabajaremos con usted para facilitar esta transición. Comuníquese con [información de contacto] para determinar si el teletrabajo es una opción para usted.

Nota: Si el trabajo en casa no es una opción para su negocio, describa aquí cualquier otra opción que pueda estar disponible para el empleado.

# Licencia por Enfermedad con Goce de Sueldo

Tenga en cuenta que si no puede trabajar a distancia, o si se enferma, podrá utilizar su licencia por enfermedad [inserte el enlace o adjunto a las políticas relevantes del lugar de trabajo, según corresponda].

Usted puede ser elegible para recibir beneficios estatales y federales, como licencia con goce de sueldo, según lo estipulado por el Departamento de Trabajo de los EE. UU., El Acta de Prioridad a Familias y Respuesta al Coronavirus (FFCRA o Ley) requiere que ciertos empleadores brinden a sus empleados una licencia por enfermedad con goce de sueldo o licencia familiar y médica extendida por razones específicas relacionadas con COVID-19. Para obtener información sobre la cantidad de tiempo libre requerido y la tasa de pago, comuníquese al 619-557-5110 o visite:

https://www.dol.gov/agencies/whd/pandemic. Los empleados no cubiertos por la FFCRA pueden estar sujetos a los Códigos Laborales del Estado de California. Se requirió que las entidades contratantes proporcionaran la Licencia por Enfermedad Remunerada Suplementaria COVID-19 para los trabajadores de servicios de alimentos. Para obtener más información, www.dir.ca.gov/dlse/COVID19resources/FAQs.html.

Durante este tiempo, si experimenta síntomas de enfermedad respiratoria (fiebre, tos o dificultad para respirar), informe a recursos humanos en [información de contacto] y comuníquese con su proveedor de atención médica. [Nombre de la empresa] mantendrá la confidencialidad de toda la información médica y solo la divulgará cuando sea necesario, según lo exige la Ley de Estadounidenses con Discapacidades (ADA por sus siglas en inglés). Según la ADA, debemos mantener la confidencialidad de cualquier información médica que recibamos, incluido el nombre de cualquier empleado afectado.

# Regreso al trabajo

Puede regresar al trabajo al recibir la autorización y en combinación con las siguientes políticas de salud y seguridad en el lugar de trabajo [insertar enlace o adjunto a las políticas del lugar de trabajo relevantes, según corresponda].

## **Pruebas**

Favor de comunicarse con su proveedor de atención médica para solicitar información sobre las pruebas. Si no tiene un proveedor de atención médica o necesita estar conectado a un sitio de pruebas, visite el sitio web del Departamento de Salud Pública del Condado Imperial en <a href="https://www.icphd.org">www.icphd.org</a> o vaya a <a href="https://www.icphd.org">Sitios de pruebas</a>. Si en algún momento presenta síntomas compatibles con COVID-19 (fiebre, tos, dificultad para respirar, escalofríos, sudores nocturnos, dolor de garganta, náuseas, vómitos, diarrea, cansancio, dolores musculares o corporales, dolores de cabeza, confusión o pérdida del sentido sabor / olor), póngase en contacto con su médico inmediatamente.

Si tiene alguna pregunta o inquietud, puede comunicarse con [Información de contacto del empleador]. Para obtener mayores informes sobre COVID-19, visite el sitio web del Departamento de Salud Pública del Condado de Imperial en <a href="https://www.icphd.org">www.icphd.org</a>

Atentamente,

[Nombre del empleador] [Título]