

**Treatment Protocols**  
***Abdominal Pain – Adult*****Date: 02/01/2021**  
***DRAFT Policy #9010A***

<b>Stable</b> Blood pressure >90 mmHg	<b>Unstable</b> Systolic blood pressure <90 mmHg, and/or signs of poor perfusion
<b>Adult BLS Standing Orders</b>	
<ul style="list-style-type: none"> <li>• Universal Patient Protocol</li> <li>• For female patients, establish last menstrual period</li> </ul>	<ul style="list-style-type: none"> <li>• Universal Patient Protocol</li> <li>• For female patients, establish last menstrual period</li> </ul>
<b>Adult LALS Standing Order Protocol</b>	
<ul style="list-style-type: none"> <li>• Establish saline lock or IV as needed</li> </ul>	<ul style="list-style-type: none"> <li>• Establish IV</li> <li>• NS 0.9% - 500 - 1,000 mL – IV/IO bolus; titrated to systolic BP&gt; 90 mmHg x 1</li> </ul>
<b>Adult ALS Standing Order Protocol</b>	
<ul style="list-style-type: none"> <li>• Ondansetron - 4 mg - IV/IO/IM/ODT PRN</li> <li>• <b>Pain Management Protocol</b></li> </ul>	<ul style="list-style-type: none"> <li>• Establish IO PRN</li> <li>• Ondansetron – 4 mg - IV/IO/IM/ODT PRN x 1</li> <li>• Encourage immediate transport</li> <li>• <b>Pain Management Protocol</b></li> </ul>
<b>Adult Base Hospital Orders</b>	
<ul style="list-style-type: none"> <li>• BH - Repeat Ondansetron x 1 dose</li> </ul>	<ul style="list-style-type: none"> <li>• BH - Repeat IV fluid bolus x 1</li> <li>• For persistent hypotension, see <b>Shock Protocol</b></li> <li>• BH - Repeat Ondansetron x 1 dose</li> </ul>
<p style="text-align: center;"><b><u>Notes</u></b></p> <ul style="list-style-type: none"> <li>• Less frequently adults abdominal pain can be anaphylaxis. Consider epinephrine IM if clinical history and exam are consistent with anaphylaxis.</li> <li>• In elderly adults, abdominal pain is often a life-threatening illness. Minimize time on scene to shorten time to definitive care.</li> </ul>	

APPROVED:

Signature on FileKatherine Staats, M.D.  
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