

# 2014 Flu Clinics



The flu shot is recommended for all individuals 6 months and older.

\$ 5 / flu shot

DATE	TIME	LOCATION
Monday <b>October 6<sup>th</sup></b>	8 am – 12 pm	Imperial County Public Health Department 935 Broadway, El Centro
Mobile Flu Clinics  Saturday <b>October 25<sup>th</sup></b>	8 am - 10 am	Westmorland Community Presbyterian Church 285 E. 3rd Street, Westmorland (Corner of 3rd and C St.)
	12 pm – 2 pm	Calipatria Well-Being Center 101 N. Lake St., Calipatria

This year, two mobile flu clinics will make flu shots available to the communities of Westmorland and Calipatria.

**Walk-ins** for the flu shot start Tuesday, October 7<sup>th</sup> at the Imperial County Public Health Department.

What are the benefits of getting the flu vaccine?

- Protection for yourself.
- Protection for newborns and infants who are too young to get vaccinated.
- Protection for people at high risk for complications from flu.

The flu shot is available to persons who wish to reduce the likelihood of becoming ill with influenza or transmitting it to others. For additional information please contact the Imperial County Public Health Department's Immunization Program at 760-482-4906. For more information about how to protect yourself from the flu go to [www.flu.gov](http://www.flu.gov).

