Overweight and obesity affect the quality of life of many people. In Imperial County obesity and overweight affect a large proportion of the population. The graph below illustrates the rates of childhood obesity and overweight in our population of children aged 2-5 years old. The data was collected through the Child Health Disability Prevention Program (CHDP) that many local providers participate in. The first graph is for children 2-5 years old and the second for children 5-20 years old. For both graphs, you can see the evolution of the obesity and overweight for Imperial County and the State of California.

Source: [http://www.dhcs.ca.gov/services/chdp/Pages/CountySurveillanceData.aspx](http://www.dhcs.ca.gov/services/chdp/Pages/CountySurveillanceData.aspx)

For more information on healthy weight, visit:


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Trend Data: Overweight and Obesity Among Low-Income Children (aged 2-5 years) for Imperial County & California

![Childhood Overweight and Obesity Trends in Imperial County for 2-5 year olds](chart.png)
Trend data: Overweight and Obesity Among Low-Income Children (aged 5-20 years) for Imperial County & California¹

¹ 2001-2010 Pediatric Nutrition Surveillance System
In 2011-2012, 78% of the adult population in Imperial County were overweight or obese compared with 60% for the state of California.

http://cfpa.net/county-profiles