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State Public Health Officer Warns of Invasive Mosquitoes Detected in California

SACRAMENTO – California Department of Public Health (CDPH) Director and State Public Health Officer Dr. Karen Smith is warning Californians to protect themselves from two invasive mosquito species recently found in California. Both species can transmit infectious diseases, such as dengue fever, chikungunya and yellow fever. This warning comes as two more counties are added to the list of counties where *Aedes aegypti* (the yellow fever mosquito) and *Aedes albopictus* (the Asian tiger mosquito) have been detected.

“It is important to know these species of mosquitoes because they are not what we’re used to in California, and they can transmit diseases such as dengue fever, chikungunya and yellow fever,” Dr. Smith said. “While the risk is still low in California, infected travelers coming back to California can transmit these viruses to mosquitoes that bite them. This can lead to additional people becoming infected if they are then bitten by those mosquitoes.”

In September 2015, *Aedes aegypti* was detected for the first time in San Bernardino and Riverside Counties. Since 2013, when this species was first discovered in Madera, Fresno and San Mateo counties, it has been found in Tulare, Kern, Los Angeles, San Diego, Imperial, Orange, and Alameda counties. Also in September, *Aedes albopictus*, was detected in Kern and San Diego counties and has expanded in regions of Los Angeles County.

Neither of these mosquitoes is native to California. They are known for their black-and-white stripes, biting people during the middle of the day and readily entering buildings. The more-familiar *Culex* mosquitoes bite primarily at dusk and dawn.

“There is no vaccine or treatment for chikungunya or dengue fever. To prevent these diseases from becoming established in California, it is important for everyone to take steps to keep these mosquitoes from spreading” Dr. Smith said. “If you notice that you are being bitten by mosquitoes during the day, or notice black-and-white striped mosquitoes, call your local mosquito and vector control agency. Your participation in mosquito surveillance greatly aids in efforts to detect new infestations.”

CONTACT: Anita Gore
Orville Thomas
(916) 440-7259
To prevent mosquito-borne illnesses present in California, such as West Nile virus disease, or abroad, such as chikungunya and dengue, Dr. Smith offers the following tips:

- Apply mosquito repellents containing DEET, picaridin, IR3535, and/or oil of lemon eucalyptus to your skin and clothing.
- Wear long sleeve shirts, long pants, socks and shoes when mosquitoes are most active.
- Use air conditioning, and keep mosquitoes from getting into your home by having intact window and door screens.
- Eliminate potential mosquito-breeding sources, such as water-filled containers, from around your home and where you work. Drain water that may have collected under potted plants, in bird baths and discarded tires. Check your rain gutters to make sure they aren’t holding water, and clean pet water-dishes weekly.

*Aedes aegypti* mosquitoes can lay eggs in containers holding as little as a teaspoon of water, and eggs, which are laid just above the water line, can survive dry conditions for months. This is why it is important to dump, drain, or eliminate unnecessary sources of standing water around your home and scrub containers to dislodge eggs.

If you travel to Mexico or other countries in Latin America, it is especially important to be aware of *Aedes* mosquitoes and the diseases that they can carry. This year, Mexico has had a dramatic increase in the number of chikungunya cases. So far, about one-third of the 120 chikungunya cases imported into California were contracted in Mexico, with 91 percent of cases coming from Latin America. Sixty-nine imported cases of dengue have been reported in California this year.

More information on *Aedes* mosquitoes, including prevention tips and a map showing the known detection sites, can be found on CDPH’s website.

*Aedes aegypti*:

![Image of Aedes aegypti mosquito](www.cdph.ca.gov)