# Date: 07/01/2025 Policy 9150A

# Treatment Protocols Pain Management - Adult

## *- Adult* Stable

Blood pressure > 90 mmHg

### Unstable

Adult: Blood pressure <90 mmHg or signs of poor perfusion

# **Adult BLS Standing Orders**

- Universal Patient Protocol
- Ensure patent airway, administer oxygen and/or ventilate PRN per **Airway Policy**
- Monitor O2 saturation PRN
- Capnography
- Keep patient warm

- Universal Patient Protocol
- Ensure patent airway, administer oxygen and/or ventilate PRN per **Airway Policy**
- Monitor O2 saturation
- Capnography
- Keep patient warm
- Immediate transport

# **Adult LALS Standing Order Protocol**

- Establish IV PRN
- Capnography

- Establish IV
- Capnography

# **Adult ALS Standing Order Protocol**

- Monitor EKG
- Establish IV/IO PRN
- Capnography

- Monitor EKG
  - Establish IV/IO
- Capnography

• For pain that is mild to severe:

Acetaminophen 15 mg/kg up to max dose of 1000 mg IV, infuse over 15 minutes

OR

Ketorolac – 15 mg IV/IO or 30 mg IM

#### For pain mild to severe:

 Morphine 2-10 mg – IV/IM/IO MR q10min x1

OR

• Fentanyl 25-100 mcg IV/IM/IO/IN MR q10min x1

### For nausea and vomiting:

• Ondansetron 4 mg IV/IO/IM/ODT PRN, MR x1, total 8 mg

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Acetaminophen 15 mg/kg up to max dose of 1000 mg IV, infuse over 15 minutes

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  - Ondansetron 4 mg IV/IO/IM/ODT PRN, MR x1, total 8 mg

# BHPO for opiate or ketorolac administration with hypotension

# **Base Hospital Orders**

#### BH

• Repeat doses of morphine or fentanyl

## **BHPO**

• Suspected or known drug or ETOH intoxication

• Pain outside the abdomen, back, or extremities

# Policy/Procedure/Protocol Manual

## Date: 07/01/2025 Policy 9150A

## **Treatment Protocols** Pain Management - Adult

BHPO:	BHPO for opiate or ketorolac administration with
Acetaminophen 15 mg/kg up to max dose of	hypotension:
1000 mg IV x 1 – infuse over 15 minutes for patients	Morphine – 2-10 mg – IV/IM/IO [Repeat per BHO]
with:	OR
<ul> <li>Isolated head injury</li> </ul>	Fentanyl – 25-100 mcg IV/IN/IM/IO [Repeat per
<ul> <li>Acute onset severe headache</li> </ul>	BHO]
<ul> <li>Multiple trauma with GCS&lt;15</li> </ul>	OR
Suspected active labor	Ketorolac 15 mg IV/IO or 30 mg IM – for the
1	following:

## Notes

Closely monitor patient LOC and respirations after administration of morphine or fentanyl. For cardiac and chest pain, morphine and fentanyl should be the only analgesia used.

## Aspirin should be given per protocol.

#### **Ketorolac Exclusions:**

- History of renal disease, or kidney transplant
- Hypotension
- History of GI bleeding or ulcers in the last five years
- Current anticoagulation therapy or active bleeding
- Current steroid use
- Age < 1 years old or > 65 years old
- Known hypersensitivity to NSAIDS
- History of asthma
- Pregnant or high possibility of pregnancy
- Other NSAID use in the past six hours

### **Acetaminophen Exclusions:**

- Known hypersensitivity to acetaminophen
- Allergy to acetaminophen
- Severe hepatic impairment, active liver disease, or chronic alcohol abuse
- Age < 2 years old
- Other acetaminophen/paracetamol dosing in the past six hours

#### APPROVED:

SIGNATURE ON FILE – 07/01/25

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