### Date: 07/01/2023 Policy #9030A

# **Adult BLS Standing Orders**

- Universal Patient Protocol
- Assess and control airway and breathing as needed per Airway Policy
- Oxygen PRN
- Test glucose
- Capnography
- Gather history from patient, and if patient unable to provide history, ask bystanders, family or friends
- Bring family or friend to hospital if available for history
- Assess for traumatic injury. If present, go to **Trauma Protocol**
- If suspected stroke or TIA, go to Stroke Protocol
- If suspected poisoning, including opioid overdose, go to **Poisoning Protocol** 
  - o Bring pill or medication bottles to hospital if possible
- If suspected Sepsis/SIRS, use SIRS Protocol
- For hypotension, use **Shock Protocol**

### HYPOGLYCEMIA, Glucose < 60 mg/dL (adult)

- Administer glucose PO, if patient is alert, has a gag reflex, and can swallow:
  - o Glucose paste on tongue depressor placed between cheek and gum
  - o Granulated sugar dissolved in liquid

#### **SEIZURE**

• See Seizure Protocol

## **Adult LALS Standing Order Protocol**

- Glucose monitoring
- Establish IV
- Capnography
- NS 500-1,000 mL IV MR x 1 to a max of 2,000 mL to maintain a SBP of > 90 mmHg

#### HYPOGLYCEMIA, Glucose < 60 mg/dL

- Dextrose 25 gm IV for BS < 60 mg/dL or unobtainable x1, MR x1
- Glucagon 1 mg IM x1 if no IV and BS level <60 mg/dl or unobtainable
- Repeat glucose testing following intervention

# **Adult ALS Standing Order Protocol**

- Monitor/EKG
- Establish IV/IO
- Capnography
- Glucose monitoring
- Obtain 12 Lead EKG
- NS 500-1,000 mL IV MR x 1 to a max of 2,000 mL to maintain a SBP of > 90 mmHg

## Intervene as appropriate per Airway Policy

#### HYPOGLYCEMIA, Glucose < 60 mg/dL

- Dextrose 25 gm IV for BS < 60 mg/dL or unobtainable x1, MR x1 PRN for persistent hypoglycemia **PRN**
- Glucagon 1 mg IM if no IV and BS level <60 mg/dl or unobtainable
- Repeat glucose testing following intervention

#### Nausea/Vomiting

### **Treatment Protocols**

Altered Mental Status (Non-Traumatic) - Adult

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• Ondansetron 4 mg IV/IO/IM/ODT PRN, MR x1, total 8 mg

### **Adult Base Hospital Orders**

• During times of dextrose shortage, up to two (2) types of dextrose solution can be carried in each unit: D10 and one other concentration. D10 is the only currently approved dextrose solution for pediatric patients.

A conversion chart for adult patients requiring dextrose

Concentration	Amount To Administer for Equivalent 1 Amp of D50 (25 grams glucose)
D50 (50 grams / 100 mL)	1 ampule or 50 mL
D25 (25 grams / 100 mL)	100 mL
D10 (10 grams / 100 mL)	250 ml
D5 (5 grams / 100 mL)	500 ml

Notes

- D10 (dextrose 10% solution) is the only approved dextrose solution for pediatric patients.
- Liver patients will not necessarily respond well to glucagon administration and may require multiple dextrose administrations.

#### APPROVED:

Signature on File Katherine Staats, M.D. FACEP EMS Medical Director