Date: 02/01/2021 Policy #7050

I. Purpose:

1. To establish indications, guidelines, and the standard procedure for administering endotracheal medications in the prehospital setting.

II. Authority:

1. Health and Safety Code Section 1797.220, 1798. Title 22, Section 100169

III. Policy:

- 1. Only medications approved by Imperial County EMS may be given via the endotracheal route via an established endotracheal tube.
- 2. Approved medications for administration via ET tube are in the mnemonic LEAN:
 - i. Lidocaine
 - ii. Epinephrine
 - iii. Atropine
 - iv. Naloxone

IV. Procedure:

- 1. Ventilate prior to administration of medications
- 2. Stop compressions prior to administration
- 3. Administer drug by inserting syringe into ETT opening and inject medication into tube Momentarily occlude ETT opening with finger while reattaching oxygenation device to prevent medication from expelling. Ventilate 5 times to disperse drug.
- 4. Utilize doses in accordance to Imperial County Treatment Protocols
- 5. Administration:
 - i. Adults: Utilize approximately 10 ml of the medication with solution for each administration
 - ii. Pediatrics: Utilize approximately 5 ml of the medication with solution for each administration
 - iii. Neonates: Utilize approximately 2 ml of the medication with solution for each administration
- 6. Total volume should not exceed 30 ml. for adults, 15 ml for pediatrics, 6 ml for neonates
- 7. Resume compressions
- 8. Process should not exceed 10 seconds

APPROVED:

Signature on File

Katherine Staats, M.D.

EMS Medical Director