### **Treatment Protocols** *Drowning/Near Drowning - Adult*

# **Adult BLS Standing Orders**

- Universal Patient Protocol
- Ensure patent airway, suction PRN
- Insert supraglottic airway PRN per Airway Policy
- Spinal motion restriction PRN per Spinal Motion Restriction Policy
- Monitor O2 saturation, aggressively treat hypoxia or increased WOB
- Give oxygen and/or ventilate PRN
- Keep patient warm
- All patients should be evaluated in the hospital
- Blood glucose PRN
- Refer to **Poisoning** and **Trauma Policies** as needed

## Adult LALS Standing Order Protocol

- Establish IV PRN
- NS 500-1,000 mL PRN hypotension (if lungs clear)
- Albuterol 2.5-5 mg nebulized for wheezing
- NIPPV per **NIPPV Policy**

#### Adult ALS Standing Order Protocol

- Continuous monitor: ECG, EtCO2 Monitor, blood pressure and pulse oximetry
- Insert ETT PRN per Airway Policy
- Establish IO PRN
- Ondansetron 4 mg SL/IO/IV PRN Nausea and/or Vomiting

## **Adult Base Hospital Orders**

• **BH** – Repeat albuterol 2.5-5 mg PRN wheezing

#### Notes:

• BH - All patients should be evaluated in the hospital. Consult with BH prior to AMA

#### APPROVED:

<u>Signature on File</u> Katherine Staats, M.D. EMS Medical Director