#### **Treatment Protocols** *Trauma - Pediatric*

# **Pediatric BLS Standing Orders**

- Universal Patient Protocol
- Control patient airway and breathing
- Hemorrhage Control Protocol
- Keep patient warm
- <u>Immediate transport (goal < 10 minutes on scene) if patient is critical</u>
- Consider on scene helicopter rendezvous protocol
- Continuous heartrate, pulse oximetry, blood pressure, and capnography (if ALS present) PRN

#### **TRAUMATIC ARREST – See Traumatic Arrest Protocol**

#### **CHEST TRAUMA**

- See Needle Thoracostomy Procedure if tension pneumothorax suspected
- Cover open chest wound with three-sided occlusive dressing Release dressing if suspected tension pneumothorax develops

#### ABDOMINAL TRAUMA

- Cover eviscerated bowel with saline soaked pads
- NEVER attempt to reduce eviscerated bowel

### EXTREMITY TRAUMA

- Place tourniquet for uncontrolled bleeding (see Hemorrhage Control Protocol)
- Splint fractures as they lie, if no neurovascular impairment
- Fractures with neurovascular impairment may be realigned, per **BH** with gentle, unidirectional traction before splinting
- If circulation in not restored after two attempts at straightening, splint as it lies and transport immediately
- Splint dislocations in position found
- Immobilize joints above and below injury, if possible
- Pelvic wrap for unstable patients with concern for pelvic fractures

#### **AMPUTATED PARTS**

- Place in plastic bag if possible and keep cool during transport
- Do not place in water or directly on ice
- Place avulsed teeth in milk if possible. Avoid touching root of tooth

#### **IMPALED OBJECTS**

- Immobilize object
- May remove object if in face, neck or chest if airway ventilation is compromised, or interferes with CPR

#### **OPEN NECK WOUNDS**

• Cover with occlusive dressing

#### HEAD TRAUMA

- Always consider spinal injury and see Spinal Motion Restriction Protocol
- Always consider traumatic brain injury, and consider patient impairment if patient is altered, argumentative, or attempting care refusal, see **Patient Refusal Policy**

#### **Treatment Protocols** *Trauma - Pediatric*

- <u>Avoid hypotension and hypoxia.</u> Single episodes of either can result in permanent damage in head injured patients
- DO NOT HYPERVENTILATE PATIENTS

## **Pediatric LALS Standing Orders**

- Establish IV (2 large bore if massive blood loss or suspected internal injury)
- NS 0.9% 10-20 ml/kg IV bolus for low BP. May repeat per BH

#### HEAD TRAUMA

- NS 0.9% 10-20 ml/kg IV if GCS  $\leq$  14, maintain normal blood pressure for age
- Avoid hypotension, hypoxia and hypercarbia

**<u>CRUSH INJURY</u>** (with extended compression >2 hours of extremity or torso)

• Administer NS 0.9% 10-20 ml/kg IV bolus just prior to extremity or torso release

### **Pediatric ALS Standing Orders**

- NS 0.9% 20 mL/kg IO bolus via Volutrol rapid IV drip for hypotension, repeat per BH
- **Pain Medication Protocol** PRN
- Ondansetron 0.1 mg/kg (max 4 mg) ODT/IV/IM/IO for nausea and vomiting
- Establish IO PRN
- Airway control per **Airway Policy**
- Continuous heartrate, pulse oximetry, blood pressure, and capnography
- Consider TXA for hypotensive patients > 15 years old

#### HEAD TRAUMA

- NS 0.9% 10-20 ml/kg IO if GCS  $\leq$  14, maintain normal blood pressure for age
- Avoid hypotension, hypoxia and hypercarbia

# **Pediatric Base Hospital Orders**

- <u>**CRUSH INJURY**</u> (with extended compression >2 hours of extremity or torso)
  - BH Calcium Chloride weight based dosing IV/IO over 30 seconds
    - BH Sodium Bicarbonate 1 mEq/kg IV/IO weight based dosing

#### Notes:

It is critical to transport ill trauma patients to definitive care as soon as possible.

Consider early activation of air ambulance if patient fulfills criteria for Air Ambulance Activation #4240.

APPROVED:

Signature on File Katherine Staats, M.D. EMS Medical Director