Dear Employee: If you have fever of 100°F, cough and/or shortness of breath turn back and please STAY home.

- **Reduce** social interaction
- **Keep a distance** of 6 feet between you and co-workers
- **COVER** your mouth and nose when sneezing
- **Frequently disinfect** commonly touched surfaces

**CLEAN** and disinfect frequently touched objects and surfaces.

**DISTANCE** maintain yourself at least 6 ft (2m) away from others.

**WASH** your hands for at least 20 seconds to avoid contamination.

**COVER** your mouth and nose with a sleeve or tissue when sneezing.

The virus spreads in sneeze and cough droplets, so regularly taking the above measures helps reduce the chance of spreading it. For more information please visit Imperial County Public Health Department website at www.icphd.org.