IMPERIAL COUNTY EMERGENCY MEDICAL SERVICES AGENCY POLICY/PROCEDURE/PROTOCOL

PAGE: 1 of 1

OPERATIONS: BLS/ALS TREATMENT PROTOCOLS DATE: 03/08/12

ABDOMINAL DISCOMFORT (NON-TRAUMATIC) SUBJECT:

POLICY NUMBER: 9100

BLS

Ensure patent airway, give oxygen and/or ventilate prn

Monitor O2 saturation prn

Nothing by mouth Anticipate vomiting

ALS

Monitor ECG for upper abdominal pain in patients for whom a cardiac cause is a consideration (e.g., males > 35 yrs; females > 45 yrs/postmenopausal), Monitor O2 saturation prn

SO Establish Saline lock/IV prn SO Ondansetron 4mg ODT/IV/IM.

BH Morphine Sulfate 2-10mg in 2mg increments IVP q 5 min. for pain if stable

(Use caution: suspected intra-abdominal catastrophe - see note)

If patient presents with a suspected intra-abdominal catastrophe:

SO 500 ml Normal Saline bolus IV; titrate fluid infusion to a systolic BP ≥ 90.

PEDIATRIC NOTE:

Refer to Pediatric Drug Guide

BHP Morphine Sulfate

BHP Ondansetron 0.1mg/kg max of 4mg IV/IM

For patients ≥ 40 kg; Administer one (1) Ondansetron 4mg ODT

NOTE:

Immediate transport for suspected intra-abdominal catastrophe (e.g., suspected ectopic pregnancy, abruptio placenta, abdominal aortic aneurysm, or unstable vital signs). Titrate fluid infusion to a systolic BP 90.

APPROVAL:

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